

# DIY Adventure - Kiss of Peppermint Lip Balm

## Ingredients

- 2 tablespoons beeswax pastilles
- 2 (heaping) tablespoons shea butter
- 2 (heaping) tablespoons coconut oil
- Up to 30 drops Peppermint essential oil
- Lip balm containers and lids (tubes, jars, or tins)
- OPTIONAL: Stickers and tube filling tray



## Instructions

1. Slowly melt beeswax, shea butter, and coconut oil in a double boiler or small glass bowl over a small pot of boiling water, stirring constantly until melted.
2. Remove pan from heat but keep over the still-hot water to keep the mixture melted.
3. Add a few drops of the essential oils at a time and test a tiny amount on your arm to make sure the scent is to your liking.
4. Once you've added the desired amount of the essential oils, fill the lip balm tubes. This must be done quickly since the mixture will start to harden as soon as it is removed from the heat.
5. Let containers sit at room temperature for several hours until cooled and completely hardened before capping them.

### Notes:

Use an extra teaspoon or two of beeswax if you prefer a thicker and longer-lasting lip balm or slightly less if you prefer a smoother and softer lip balm (heaping above for softer recipe).

When experimenting, you can put a few drops of the melted mixture onto a small piece of parchment paper and let harden in the fridge so that you can test it before putting the mixture into tubes. Have fun with it!

This recipe makes ~12-14 of the 5.5 ml lip balm tubes.

Recipe and Ingredient Recommendation Links:

<https://echoalexzander.com/blog/44820/crafting-comfort-easy-and-affordable-diy-lip-balm-for-all>